+TrimScience® Capsules: Healthy Weight Management Realized





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We all know that obesity rates in the United States have been climbing for decades. An estimated 64% of the American population is overweight or obese. Obesity is a major risk factor for a number of metabolic diseases, including coronary heart disease, hypertension, type 2 diabetes, pulmonary dysfunction, and non-metabolic conditions, such as osteoarthritis and certain types of cancer. People desperate to lose weight have been trying fad diets, dramatic surgeries, and, more recently, potentially dangerous prescription medications. We've seen an enormous rise in the use of GLP-1–type drugs over the last five years. Originally prescribed just for diabetics, they have become the number one weight loss drugs in the world. While this drug category can reduce appetite and stabilize blood sugar levels, they also have numerous side effects, some potentially deadly. Potential risks include loss of lean muscle mass, risk of malnutrition, pancreatitis, and gallbladder issues.

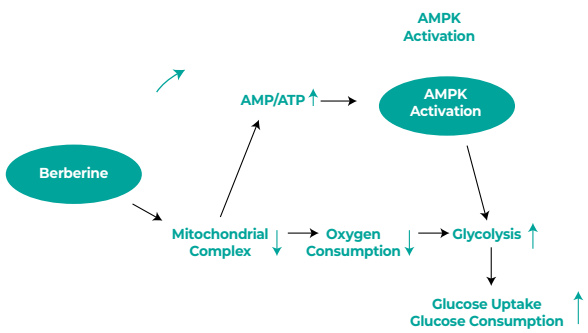
Avini Health® addresses the obesity epidemic with products that can safely and effectively aid in weight management without the risks associated with prescription medications. The TrimScience® philosophy includes the use of Cell Defender®, +Fiber +Probiotic, TrimScience® Protein Shake Meal Replacement, and +TrimScience® Capsules. We also provide the TrimScience® drink mix of your choice (coffee, chocolate, matcha tea, or lemonade).

In designing the +TrimScience® Capsules, we wanted to provide the perceived benefits of the popular GLP-1 drugs without the known dangers and negative side effects. We endeavored to address all of the issues that we face when trying to manage our weight. This includes reducing appetite, increasing satiety, limiting the negatives from dietary choices, reducing anxiety, and reducing the body's natural inclination to maintain unhealthy fat.

The components of the +TrimScience® Capsules aid in weight management in a variety of ways — even affecting the same receptors as GLP-1–type drugs without the associated side effects.



Berberine modulates the same GLP-1 receptor as the prescription medications but works by triggering the enzyme AMPK (adenosine monophosphate-activated protein kinase) that controls metabolism and energy. Activating that enzyme increases fat burning and reduces the amount of fat you store. In essence, it improves insulin sensitivity. This allows your body to better use the available energy and efficiently utilize blood sugar. This is healthy for everyone, but vital for diabetics and pre-diabetics. Berberine also enhances brown adipose tissue, a type of body fat that plays a role in calorie burning. Research shows that berberine may significantly reduce weight, BMI (body mass index), and waist circumference. Similar to the GLP-1 drugs, berberine can turn down the 'food noise' to increase satiety and help manage appetite without the side effects of GLP-1 prescription drugs.



The +TrimScience® Capsules also burn fat (thermogenesis), block carbohydrate absorption (alpha-amylase inhibition), prevent the creation of new fat (lipid biosynthesis), prevent jitteriness from caffeine intake, suppress appetite (satiety), and detoxify.



Guarana seed extract provides a healthy source of caffeine that promotes energy, thermogenesis (fat burning), and focus. Caffeine has long been used to promote alertness, focus, and energy. When used in this formulation, it greatly enhances the body's ability to burn fat. The +TrimScience® Capsules provide about 125 mg of caffeine per dose. This is about the same as a strong cup of coffee. Keep that in mind if you decide to take the product more than once daily. You should also think about timing when using the +TrimScience® Capsules. The product will provide a boost of energy, which may interrupt sleep cycles if you take it too late in the day.

L-Theanine is a natural amino acid that acts as an 'anti-sympathetic agent.' This reduces stress and increases focus. The effect of this is to allow the caffeine in the formula to promote energy without any of the jitteriness normally associated with caffeine intake.



Garcinia Cambogia has been used for decades in weight management products. Understand that your body prefers 'homeostasis.' It doesn't like change and works to maintain the status quo. That means that when you try to lose weight by burning fat, your body will actually make new fat to replace what you've burned off through de novo fat synthesis. Garcinia Cambogia contains HCA (hydroxy citric acid), which prevents the body from creating new fat, thus acting as a 'fat blocker.' As you burn fat and lose weight, your body will eventually reset your homeostasis with a lower fat content and a greater lean-to-fat ratio.

N-Acetyl-L-Carnitine is a natural amino acid that aids in the transport of fats into the mitochondria where they can be 'burned' for energy. The acetyl form of L-carnitine can cross the blood-brain barrier and has been shown to improve cognitive function and focus.

White Kidney Bean extract blocks the function of alpha-amylase, an enzyme that normally breaks down carbohydrates in the digestive tract, thus acting as a 'carb blocker.' This reduces the caloric intake of carbohydrates as well as stabilizing blood sugar levels.



Green Tea Extract is a healthy source of caffeine for thermogenesis as well as powerful antioxidants like epigallocatechin gallate (EGCG). It also contains another fat burner called theophylline. Green tea extract has been clinically shown to aid in healthy weight management and heart health.

Detoxolite™ is Avini's micronized and activated clinoptilolite zeolite to aid in the removal of toxins and heavy metals, thus potentially reducing obesogens to result in healthier weight loss.

The recommendation is to take 3 capsules before meals. For active weight loss, take twice daily before breakfast and lunch. For healthy weight management, take once daily.

The +TrimScience® Capsules help manage diet while blocking carbs, burning fat, reducing appetite, blocking fat production, and improving overall metabolic health. This allows for healthy, consistent weight management.

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TrimScience® is what you need — for healthy weight loss, indeed!

